



## **DISABILITY SWIMMING**

**Family Leisure Session**

**Sunday's 4pm-5pm**

**THE JOHN WARNER SPORTS CENTRE & HODDESDON SWIMMING CLUB**

***Working in partnership***

The John Warner Sports Centre, Stanstead Road and Hoddesdon Swimming Club are working in partnership to provide a session for families who have members with disabilities; physical or learning. The session runs on a Sunday afternoon between 4pm and 5pm and is free. Qualified coaches from Hoddesdon Swimming Club are on hand to help build confidence and stroke technique so that the experience is as enjoyable as possible.

Hoddesdon Swimming Club was awarded funding from the Active East Herts Community Sports Network 'Club Development Fund' to enable this project to get started with the aim of increasing participation.

If you are interested in finding out more about these sessions you can just come along or call Janet Warrington Head Coach Hoddesdon Swimming Club on 0772 989 2729 or e.mail her on [janet.warrington965@gmail.com](mailto:janet.warrington965@gmail.com) to find out more.



Check out the club's website: [www.hoddesdonsc.co.uk](http://www.hoddesdonsc.co.uk)